



## LUNCH MENU

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### SOUP

#### Alta's Soup of the Day

Cup \$5  
Small \$8  
Large \$11

### SALADS

#### Choice of House made Dressings:

Caesar, Citrus & Olive Oil,  
Balsamic, Creamy Champagne,  
Mint Vinaigrette

Add Grilled Chicken or Shrimp (\$6)  
Salmon 4oz (\$6) or 8oz (\$10) to Any Salad

#### Mediterranean Salad \$15

Romaine Lettuce, Feta Cheese, Tomatoes,  
Golden Raisins, Toasted Pistachios,  
Creamy Champagne Dressing

#### Caesar Salad \$14

Romaine Lettuce, Parmesan, Croutons, Anchovies,  
Caesar Dressing

#### Quinoa Salad \$15

Golden Raisins, Feta Cheese, Carrots,  
Hazelnuts, Equinox Farm Arugula,  
Mint Vinaigrette

#### Alta Salad \$14

Local Mixed Greens, Pickled Pear, Pomegranate,  
Goat Cheese  
Balsamic Dressing

Before placing your order, please inform your server if a person in your party has a food allergy. Consuming raw or undercooked meats, poultry, seafood, shellfish, eggs or sprouts may increase your risk of food borne illness, especially if you have certain medical conditions. All take out items should be refrigerated if not consumed soon after pick up.

### ENTREES

#### Alta Burger \$13.50

Beef or Turkey  
Served with Lettuce, Tomato, Onion and Cheddar  
Add \$1 for each... Caramelized Onions, Blue Cheese,  
Vermont Goat Cheese, Smoked Bacon, Mushrooms.  
Choice of Hand Cut French Fries  
or Local Mixed Greens

#### Grilled Salmon \$17

Chimichurri  
Choice of Hand Cut French Fries  
or Local Mixed Greens

#### Chicken Quesadilla \$13.50

or  
Salmon Quesadilla \$15.50  
Beans, Scallions, Pepper Jack Cheese,  
Guacamole, Pico de Gallo, Sour Cream

#### Omelette of the Day \$14

With Equinox Farm Mixed Greens

### SANDWICHES

Choice of Hand Cut French Fries or  
Equinox Mixed Greens

#### Chipotle Chicken Wrap \$15

Grilled Chicken, Chipotle Aioli, Caramelized Onions,  
Roasted Tomatoes, Lettuce,  
Chopped Applewood Smoked Bacon

#### Smoked Salmon Panini \$15

Basil Pesto, Capers, Arugula

#### Pastrami Panini \$15

Horseradish Sauce, Cheddar, Spinach

#### Sandwich of the Day MP

#### Vegetarian Wrap \$13

Carrot, Cucumber, Sesame, Honey Mayonnaise

Gluten Free Wraps and Buns are available at no Charge